

ST. PAUL'S ANGLICAN CHURCH

A parish of the Reformed Episcopal Church (ACNA)

103 Davidson Street, Lexington, VA 24550

(Mailing: P. O. Box 1273)

Office Phone: 540-461-8057

saintpaulslexington.com

Vicar: The Rev. Damien C. Grout

Email: frdamiengrout@gmail.com

Cell: (432) 244-6822

Wardens: Jeff Grossman, Steve Lane

Treasurer: Jeff Grossman (StPaulTreasurer1@outlook.com)

Clerk: Sharon Hansen

Organist: Dick Jones

REGULAR WEEKLY SCHEDULE

Holy Communion – Sundays at 11:00 a.m.

Christian Education – Sundays at 10:00 a.m.

Morning Prayer – Fridays at 8:30 a.m. (begins Feb. 20)

Evening Prayer – Wednesdays at 4:00 p.m.

Worship Etiquette: Children are warmly encouraged to worship with us. Please remember to turn your cellphone and/or wristwatch to silent.

Be thoughtful, be silent, be reverent, for you are in the House of the Lord. Speak to God before the service; let God speak to you during the service; and speak to each other after the service.

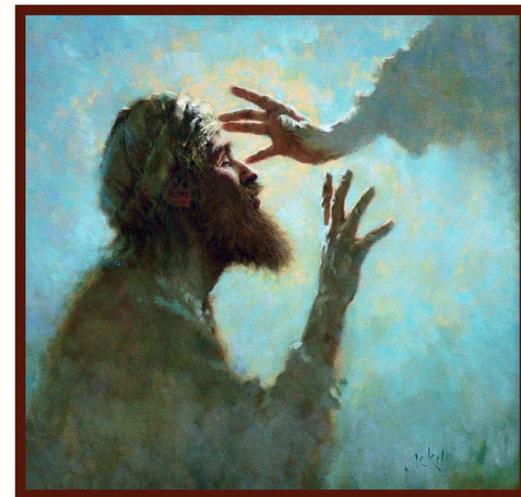
Invitation to Holy Communion: Our fellow baptized Christians of other branches of Christ's Church, and who love our Divine Lord and Savior Jesus Christ in sincerity, are affectionately invited to the Lord's Table.



St. Paul's Anglican Church

Quinquagesima

Pre-Lenten Season



Open Thou Mine Eyes by Brian Jekel

The Order for Holy Communion Feb. 15, 2026

Celebrant: The Rev. Damien C. Grout

A house of prayer. Faithful to the word of Christ.

A place of hope for Rockbridge County.



*A parish of the Reformed Episcopal Church, Diocese of the Central States
The Province of the Anglican Church of North America (ACNA)*



The Order for Holy Communion

| <u>Hymnal</u> | <u>Prayer Book</u> |
|---|--------------------|
| Psalm 103 | 466 |
| 545-1 Processional: <i>Hail to the Lord's Anointed</i> | |
| The Order for Holy Communion | 67 |
| The Collect for Purity | 67 |
| 709 <i>Kyrie Eleison</i> | 70 |
| The Collect for the Day | 122 |
| The Old Testament: Deuteronomy 10:12-15, 17-11:1 | |
| The Epistle: 1 Corinthians 13:1-13 | 122 |
| 418 Gradual: <i>Blessed are the Pure in Heart</i> (vv. 1-2, 3-4) | |
| The Holy Gospel: St. Luke 18:31-43 | 123 |
| The Nicene Creed | 71 |
| Welcome & Announcements | |
| 464 Sermon Hymn: <i>Thou Hidden Love of God</i> | |
| The Sermon | Fr. Damien Grout |
| The Offertory | |
| 139 Doxology: <i>Old Hundredth</i> | |
| Prayer for the Whole State of Christ's Church | 74 |
| Invitation & General Confession | 75 |
| Absolution & Comfortable Words | 76 |
| 797 <i>Sanctus & Benedictus</i> | |
| The Prayers of Consecration, Oblation & Invocation | 80-81 |
| The Lord's Prayer & Prayer of Humble Access | 82 |
| 706 <i>Agnus Dei</i> | |
| Communion of the People | 82-83 |
| 208-1 Communion Hymn: <i>Here, O Lord, I See Thee Face to Face</i> (sung softly, kneeling/seated*) | |
| The Prayer of Thanksgiving | 83 |
| <i>Gloria in excelsis</i> | 84 |
| The Blessing | 84 |
| 568 Recessional: <i>On Our Way Rejoicing</i> | |

WELCOME!

If you are visiting St. Paul's today, please fill out a Visitor Card and place it in the alms basin and sign the guest book in the narthex to let us know you were here. Join us after the service for coffee hour in the undercroft below the sanctuary.

PRAYER LIST

Parish: Melissa, Brady, Reggie, Diane, Mickey, Mary F., Ryan, Jonathan G., Tom M., Robert, Liz, Bob S., George & Janet, Stone & Sarah, Shay, Annette, Becka, Sybil, Brooke, Camille, Chris, Gary

Departed:

Clergy: Fr. Jeff Hubbard, Fr. David Truax, & Dcns. Michelle Caldwell; Trinity Reformed Episcopal Church, Mason, OH. Rev'd Daniel Choe at Emmanuel Church in Birmingham and Rt. Reverend Mark Gretason and Rev'd Deacon Andrew Ormond and St. Jude's Church in London.

BIRTHDAYS THIS WEEK

UPCOMING EVENTS

Next Sunday, February 22 at 11:00 am we will celebrate Holy Communion for the First Sunday in Lent. We will also meet for Christian Education at 10:00 am in the undercroft.

The Daily Office: No Wed. Evening Prayer this week because of Ash Wed. Service. We plan to resume Fri. Morning Prayer on Feb. 27 at 8:30 am.

Join us as we prepare our hearts together for the Lenten Season:

Shrove Tuesday Pancake Supper this Tues. Feb. 17 at 5:00 pm. Please check the sign-up sheet downstairs to see what is still needed. Come and enjoy!

Ash Wednesday Holy Communion and the Imposition of Ashes on Wed. Feb. 18 at 12:00 pm noon, which marks the beginning of the penitential season of Lent, approximately 40 days until Easter Day, Sunday April 5.

St. Paul's Annual Business Meeting is planned for Sunday, March 1 in the undercroft after worship.

What is Shrove Tuesday?

Shrove Tuesday is held on the day preceding Ash Wednesday. It signals the beginning of Lent (a time of repentance and renewal prior to Easter) in the liturgical calendar of many Christian traditions. Shrove Tuesday occurs precisely 47 days before Easter and is a moveable feast determined by the lunar calendar. Its name is derived from the term 'shrive', which refers to the role of personal confession of sins leading into the penitential season of Lent.

Who celebrates Shrove Tuesday?

Shrove Tuesday is observed by many Christian traditions of the Western Church and in various cultures worldwide. Roman Catholic, Episcopal, Anglican, Methodist, Presbyterian, and Lutheran churches observe it. Although fewer evangelical and independent churches observe it, there has been a renewed interest in discovering the wisdom and meaning of the liturgical calendar and its accompanying practices among younger generations who desire the richness of their Christian heritage.

Why and how do Christians celebrate Shrove Tuesday?

Essential to this day is the practice of confession of sins to God and others. Shrove Tuesday is both a day of spiritual preparation and celebration. As a day of spiritual preparation, it is the beginning of a time dedicated to cleansing the soul from sinful appetites through added times of fasting, almsgiving, and prayer which serve to increase our hunger and love for God.

As a day of celebration, it is the last opportunity before the solemn Lenten season begins. Shrove Tuesday is the last day to feast on "luxurious" foods (e.g. meat and fish, fatty foods, sugars, eggs and dairy,) in exchange for plainer, lighter fare.

Shrove Tuesday is popularly known as 'Pancake Day' or 'Pancake Tuesday' in the UK, because observers eat pancakes made from the rich foods (e.g., eggs, milk sugar) not permitted during the Lenten fast. Games, sport and community events also accompany this day.



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What is Ash Wednesday?

Ash Wednesday marks the beginning of the 40 days of Lent. Christians have been preparing for the celebration of Easter by walking through a “Holy Lent” since ancient times. This is patterned after Jesus’ 40 days of fasting and temptation in the wilderness. Lent is a season of repentance, fasting, and self-reflection for those who seek to enter into the mystery of the Cross with their Lord. Of course, all of this happens with the sure knowledge of God’s love and grace to us in and through Christ each step of the way.



Ash Wednesday is the day in which Christians gather to receive the imposition of ashes. Ashes on the head have signified repentance from biblical times. Job said, “I repent in dust and ashes.” Ashes also represent mourning, as Tamar in the Old Testament used them to mourn her abuse which was not her fault, but which devastated her. Ashes are the result of burning. This burning in our lives is from our own sins and from the impact of others’ sins upon us, and ashes represent both. They remind us of our broken world and that someday we will all die. We are made from dust and to dust we will return. We are called to remember Death—the most terrifying reality in human existence—not because God wants to frighten us, but so we may remember afresh in wonder the work of our Savior Jesus Christ, who defeated Death itself by his Death on the Cross.

Christians believe that God is good and that He loves us. We believe that if we are united to Christ, we are forgiven and may “boldly go before the throne of grace.” We know that even though we don’t understand exactly how God will make the wrongs of the world right, He will. And yet we live in a time in which all of those promises are not yet fulfilled. We feel the pain of sin and brokenness. Ash Wednesday and Lent remind us that we still live in this fallen world, and that we are a part of that fallenness. We are all sinners.

Lent calls us to acknowledge the reality of sin we see within ourselves, and around us, but also to set our eyes on a greater reality, that which is above and is eternal - our Savior Jesus Christ and the New Creation being prepared for those who love him. We are reminded that we too must take up our cross and follow Christ to Golgotha. Taking up our Cross is painful, but it is the only path to Resurrection.

For if we have been united together in the likeness of His death, certainly we also shall be in the likeness of His resurrection, knowing this, that our old man was crucified with Him, that the body of sin might be done away with, that we should no longer be slaves of sin. For he who has died has been freed from sin. Now if we died with Christ, we believe that we shall also live with Him, knowing that Christ, having been raised from the dead, dies no more. Death no longer has dominion over Him. Romans 6:5-9

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*Join us for a weekly Lenten Book Study beginning
Wednesdays at 3:45 pm on Feb. 25!*

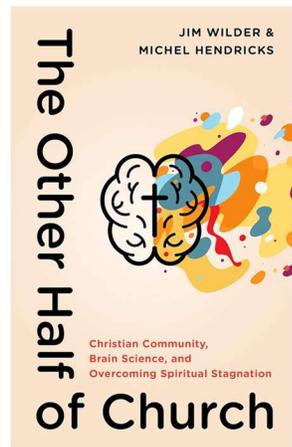
Why does true Christian transformation seem fleeting? And why does church often feel lonely, Christian community shallow, and leaders untrustworthy? For many Christians, the delight of encountering Christ eventually dwindles—and disappointment sets in. Is it really possible to experience lasting joy in Christ? Is our character really changing and growing into the image of our Savior? How do we form deep loving attachments with other Christians in a culture where people pay more attention to their screens than they do to each other?

These are some of the questions Michel Hendricks has considered both in his experience as a spiritual formation pastor and in his lifetime as a Christian. He began to find some answers he had never considered when he met Jim Wilder—a neurotheologian. Using his deep understanding of the Bible and his education in Theology combined with his training as a Psychologist in brain science, Wilder identified that there are two halves of the church: the rational half and the relational half. And when Christians only embrace the rational half, churches become unhealthy places where transformation doesn't last and narcissistic leaders flourish.

*In **The Other Half of Church**, join Michel and Jim's journey as they couple brain science with the Bible to identify how to overcome spiritual stagnation by living a full-brained faith. You'll also learn the four ingredients necessary to develop and maintain a vibrant transformational community where spiritual formation occurs, relationships flourish, and the toxic spread of narcissism is eradicated.*

We have ordered printed copies of the book that can be purchased for a donation to St. Paul's of \$12 or you may purchase a kindle version online from Amazon or other retailers.

This is a book Fr. Damien & Jolie have read together several times and highly recommend to better understand how God changes our character, how we can each create a larger capacity for joy, and how we strengthen our relationship with Christ and the other people He has brought into our lives!



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